## **Nail Unit Testing Reference Guide**



Test	Medium	Example	Notes
PAS Periodic acid- Schiff reaction	Dry or Formalin		<ul> <li>High sensitivity (few false negatives), but rarely organism specific</li> <li>Chemical reaction, whereby carbohydrates are oxidized to form aldehydes</li> <li>Aldehydes react with Schiff reagent to produce a magenta color</li> <li>Shows excellent fungal morphology</li> <li>Best for superficial skin/nail infections, which do not disclose abundant acute inflammation/suppuration</li> <li>Reacts with most, but not all, fungi and yeast</li> <li>Better at demonstrating non-degenerated organisms</li> </ul>
GMS Gomori Methenamine Silver Silver-based histochemical stain	Dry or Formalin		In tandem with PAS, highest sensitivity, but not organism specific  • Stains carbohydrates (sugars)  • Tissue is pre-treated with chromic acid, then silver is applied  • Offers high sensitivity, but poor morphology (target acquires a "dirty" granular appearance)  • Arguably better for fungal infections found in association with abscesses  • Better visualization of fungal infections in the deep tissues  • Stains most, but not all, fungi and yeast  • May excel at staining degenerated organisms
Fontana- Masson Stain Silver-based histochemical stain	Dry or Formalin		<ul> <li>Adds specificity (identifies dematiaceous fungi) and screens for pigmented lesions within nail matrix</li> <li>Highlights melanin pigment in fungal organisms</li> <li>Large quantities of melanin pigment favors dematiaceous fungi (pigmented saprophytic mold)</li> <li>Deciphers melanin pigment from other pigments (hemosiderin)</li> <li>Validates the presence of an underlying melanocytic process, e.g. benign matrical melanotic macule, nevus, or melanoma</li> </ul>
DNA (PCR) Test	Dry Only		Augments the superior sensitivity of PAS/GMS, by providing high specificity (organism identification) for targeted patient therapy  • Detects the genetic material of pathologic fungi (dermatophytes, saprophytes, and/or yeasts)  • If detected, genes specific for the pathogens genus +/- species are sought  • Offers 1-2 day turnaround time, rather than 28+ days via culture  • Compared to culture, offers 25% higher sensitivity than culture overall, and twice its sensitivity when detecting dermatophytes  • Organism identification may be necessary for preauthorization of targeted antifungal therapies
Culture	Dry Only		• + 28 days



